

Skills Canada BC Safety Inspection Checklist

Instructions: This inspection checklist has been created while competitors are participating virtually in the Skills Canada BC Provincial Competition. Complete the safety inspection checklist in advance of the competition orientation.

Competitor Name:			Date:	
Location Address:				
Item	YES	NO	N/A	Comments
General Safety				
1. Are walking areas clear and free of obstructions (ex: slip/trip hazards)?				
2. Is office furniture (ex: cabinets, equipment) securely mounted and/or fastened to the wall as necessary?				
3. Is the room temperature, noise, ventilation and lighting conducive to a productive workspace environment?				
4. Is the work area free of electrical and fire hazards?				
Competing Remotely Considerations				
5. Is a supervisor or teacher readily available in the event of an emergency?				
6. Have you established a check-in frequency with your supervisor or teacher in including procedures on what to do in the event a check-in is missed?				
Ergonomic Considerations				
7. Is your chair in good condition and adjusted to the appropriate height?				
8. Are your feet on the floor or fully supported by a footrest?				
9. Is there adequate clearance for your knees under your desk?				
10. Is your keyboard and mouse adjusted to allow for a comfortable working posture?				
11. Is the monitor height positioned to accommodate your eyesight and maintain upright neck posture?				
12. Is the monitor distance approximately an arm's length away?				
13. Is the screen easy to read (no glare)?				
Other Safety Considerations (as applicable)				
14.				
15.				
Unsatisfactory Items:	Corrective Actions:			Follow-up By:
Additional Comments:				

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Competitor Signature:

Teacher or Supervisor Signature:
