

Skills Canada Ingredient List 2020

Common Tables: access to all products provided

Staples

Silicon paper – 40 X 60 cm (16"x 24")
Cling Film
Aluminum foil
Cardboard underlines for cakes – 25 1/2 cm (10") - 20.32 cm (8")
Bar Cake Boards
Paper towels
Sanitizing solution
Dish Soap
Sanitizing solution in spray bottles

Dairy

Whipping cream
Butter – unsalted
Whole milk 3.25%
Buttermilk Powder

Fat

Vegetable oil
Olive Oil

Eggs

Eggs, large

Leavening Agents

Instant dry yeast
Fresh Yeast
Baking powder (double acting)
Baking soda

Flour

All Purpose Flour
Pastry Flour
Bread Flour
Cake Flour

Starch

Cornstarch

Chocolate Products

Couverture – Dark – Milk - White - Ruby
Cocoa Butter
Coating Chocolate dark
Cocoa Powder- Brute - dutched

Nut Products

Coconut sweetened, fine
Hazelnut, whole
Almonds blanched, ground
Pistachios – shelled, green, no salt
Hazelnut paste
Hazelnut, whole
Hazelnut, ground
Walnut, pieces

Sweetening Agents

Birch Syrup
Sugar, granulated
Sugar, icing (powder)
Sugar, brown
Maple sugar
Honey
Glucose
Isomalt

Glazes

Mirroir Neutral Glaze

Flavourings

Instant coffee
Vanilla extract
Bourbon Vanilla Bean paste
Earl Grey Tea
Orange Blossom Water

Decorating Ingredients

Rolled fondant (sugar paste)
Marzipan

Gelatin

Gelatin leaves

Dried Fruit

Dried Cherries

Frozen Fruit Purées

Apricot
Peach
Black Currant

Frozen Fruit (IQF)

Mango Chunks
Raspberries

Fresh Fruit

Oranges
Lemons
Limes
Raspberries
Strawberries

Fresh Herbs

Basil
Mint

Spices

Cardamom
Cinnamon, ground
Salt
Star Anise

Liquors

Baileys
Frangelico
Prosecco

Nutritional Ingredients

Oat Flour

Other Ingredients

Feuillettine Crunchy Flakes
Ice Cubes

Permitted Additional Ingredients Not Supplied by Skills BC:

Food colours and colored cocoa butter
Chocolate and sponge transfer sheets
Sea salt
Pectin
Agar
Tartaric Acid
Citric Acid
Vanilla Beans
Lustre Dust/Metallic Powders
Tapioca Maltodextrin
Xanthum Gum
Soy Lecithin
Calcium Carbonate
Yuzu Juice

Important:

Both Secondary and Post-Secondary Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients.

Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site. NO GOLD LEAF, NO SILVER LEAF

Minors: If competitors are wanting to use the listed Liquor/Alcohol within their recipe, competitors must consult with a chair member or judge for assistance. Secondary competitors/minors are not to handle any alcohol. A chair member or judge will dispense the amount required for recipe.