

BC Skills Ingredient List 2023

Common Tables: Access to all the products provided

General Supplies

Silicon paper: 40 X 60 cm (16"x 24")
Cling Film
Aluminum foil
Cake boards: 25.5 cm (10") round, 5"x10" (12.7cm x 25.4 cm) rectangle
Chocolate Showpiece round cardboard base: 10-12" (25.4 cm-30.48cm)
Paper towels
Sanitizing solution
Dish Soap
Sanitizing solution in spray bottles

Dairy

Whipping cream
Whole milk
Buttermilk Powder

Fat

Vegetable Shortening
Hi Ratio Shortening
Butter – unsalted
Olive Oil

Eggs

Eggs, large

Leavening Agents

Baking powder (double acting)
Baking soda
Instant Yeast

Flour

All Purpose Flour
Pastry flour
Bread Flour
Cake Flour

Starch

Cornstarch

Chocolate Products

Couverture Dark
Couverture Milk
Couverture White
Cocoa Butter
Cocoa Powder- Brute – Dutched
Coating/Compound Chocolate – Dark

Nut Products

Almonds Ground Blanched
Almonds Natural Thin Sliced
Hazelnuts Ground
Hazelnut, Whole
Marzipan 50%
Pecan Pieces

Sweetening Agents

Sugar, Granulated
Sugar, Icing (powder)
Sugar, Yellow
Light Corn Syrup
Honey

Glucose

Isomalt

Sugar Paste

Rolled Fondant

Soft Fondant

Flavourings

Instant Coffee

Vanilla Extract

Bourbon Vanilla Bean Paste

Matcha Tea

Orange Blossom Water

Gelatin

Gelatin Powder 200-250 Bloom

Dried Fruit

Dried Blueberries

Dried Apricots

Frozen Fruit Purées

Raspberry

Mango

Passionfruit

Fresh Fruit

Oranges

Lemons

Limes

Raspberries

Fresh Herbs

Basil

Thyme

Spices

Cardamom

Cinnamon, ground

Black Pepper

Salt

Sea Salt

Liquors

Baileys

Grand Marnier

Prosecco

Seeds and Seed Butter

Almond Butter

Pumpkin Butter and Seeds

Tahini

Vegan

Raw Sugar

Silken Tofu

Ground Flax Seeds

Coconut Milk

Egg Replacer Bob's Red Mill

Other Ingredients

Feulletine Crunchy Flakes
Ice Cubes

Permitted Additional Ingredients Not Supplied by Skills BC

- Food colours and colored cocoa butter
- Pectin
- Agar
- Tartaric Acid
- Citric Acid
- Vanilla Beans
- Lustre Dust/Metallic Powders
- Tapioca
- Maltodextrin
- Xanthum Gum
- Soy Lecithin
- Tonka Bean
- Yuzu Juice

Important: Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients.

Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site. NO GOLD LEAF, NO SILVER LEAF

Minors: If competitors are wanting to use the listed Liquor/Alcohol within their recipe, competitors must consult with one of the judges for assistance. Secondary competitors/minors are not to handle any alcohol. A judge will dispense the desired amount within the recipe for the competitor.

ALL INGREDIENTS ARE SUBJECT TO AVAILABILITY