

BC Skills Ingredient List 2024

Common Tables: Access to all the products provided

General Supplies

Silicon paper: 40 X 60 cm (16"x 24")
Cling Film
Aluminum foil
Cake boards: 25.5 cm (10") round, 15.24cm (6") round
Paper towels
Sanitizing solution
Dish Soap
Sanitizing solution in spray bottles

Dairy

Whipping cream
Whole milk
Buttermilk Powder

Fat

Butter – unsalted
Vegetable Shortening
Hi Ratio Shortening
Vegetable Oil

Eggs

Eggs, large

Leavening Agents

Baking powder (double acting)
Baking soda
Instant Yeast Gold (Osmotolerant)

Flour

All Purpose Flour
Pastry flour
Bread Flour
Cake Flour

Starch

Cornstarch

Chocolate Products

Couverture Dark
Couverture Milk
Couverture White
Cocoa Butter
Cocoa Powder- Brute – Dutched
Coating/Compound Chocolate – Dark
Cocoa Nibs

Nut Products

Almonds Ground Blanched
Almonds Natural Thin Sliced
Almonds, Whole
Hazelnuts Ground
Hazelnut, Whole
Hazelnut Paste
Walnut Pieces

Sweetening Agents

Sugar, Granulated
Sugar, Icing (powder)
Sugar, Brown

Maple Sugar
Maple Syrup
Light Corn Syrup
Honey
Glucose
Isomalt
Soft Fondant

Sugar Paste

Rolled Fondant

Flavourings

Instant Coffee
Vanilla Extract
Bourbon Vanilla Bean Paste
Tonka Beans
Almond Extract
Bitter Almond
Fresh Ginger

Gelatin

Gelatin Powder 200-250 Bloom
Gelatin Sheets 200 Bloom
Mirror Glaze
Pectin NH

Dried Fruit

Dried Apricots
Dried Cranberries
Dried Lemon and Orange Peel
Raisins

Frozen Fruit Purées

Raspberry
Mango
Cassis
Strawberry

Fresh Fruit

Oranges
Lemons
Strawberries
Raspberries

Fresh Herbs

Rosemary
Thyme

Spices

Allspice, ground
Cinnamon, ground
Pink Peppercorns
Salt
Sea Salt

Liquors

White Wine
Red Wine
Guinness Beer
Maple Whiskey
Crème de Cassis Liqueur
Disaronno

Seeds and Seed Butter

Maple Butter

Other Ingredients

Feulletine Crunchy Flakes

Rolled Oats

Apricot Glaze

Ice Cubes

Permitted Additional Ingredients Not Supplied by Skills BC – These do not count in your two (2) extra ingredients:

- Food colours
- Cocoa butter colours
- Agar
- Tartaric Acid
- Citric Acid
- Vanilla Beans
- Lustre Dust/Metallic Powders
- Modified Starch
- Maltodextrin
- Soy Lecithin
- Ultra Sperse
- Yuzu Juice

Important: Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients.

Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site. NO GOLD LEAF, NO SILVER LEAF

Minors: If competitors are wanting to use the listed Liquor/Alcohol within their

recipe, competitors must consult with one of the judges for assistance. Secondary competitors/minors are not to handle any alcohol. A judge will dispense the desired amount within the recipe for the competitor.

ALL INGREDIENTS ARE SUBJECT TO AVAILABILITY