

SKILLS CANADA BRITISH COLUMBIA

2025 PROVINCIAL COMPETITION

Test Project

Aesthetics Post-Secondary



Skills Canada British Columbia (SCBC) Aesthetics Competition

Welcome to the SCBC Aesthetics Competition!

Congratulations on being part of this exciting and rewarding event. The SCBC competition highlights excellence in aesthetics, and the winner will advance to the Skills Canada National Competition (SCNC). This document outlines the structure, tasks, and judging criteria for this one-day competition.

Models for all competitions will be provided by the host BC Skills Committee.

Purpose of the Challenge

This competition aims to showcase and elevate the skills, creativity, and professionalism of aestheticians. It provides a platform for participants to demonstrate their expertise in various beauty treatments and techniques, such as facials, manicures, body treatments and makeup, fostering a spirit of excellence and innovation within the industry. Through rigorous assessment by industry experts, these competitions not only celebrate outstanding talent but also set high standards, inspire continued education, and highlight emerging trends. Ultimately, they contribute to the advancement and recognition of the beauty therapy profession while demonstrating professionalism and complying with occupational health and safety.

List of Documents on the Skills/Compétences BC website

DOCUMENT	DATE OF DISTRIBUTION
Description Project	January 2025
Videos and Instructions	
Release, consultation and analysis forms	
Sponsor product supply lists	

Competition Overview

Date & Location

- Date: April 16th, 2025
- Location: Abbotsford Trade and Exhibition Centre
- Time: 8:00 AM – 4:00 PM
- Awards Ceremony: 5:00 – 6:30 PM

***Please be aware of parking and travel time. The competition will begin precisely at 8:00 am**

Orientation for competitors

Competitors are to bring a copy of the Contest Description and Project and any other documents pertaining to the Aesthetics competition.

During the competitor orientation, you will be given the opportunity to familiarize yourself with the equipment, products, and tools. Competitors will have the opportunity to ask questions at this time.

Competition Key Features

- Professional Presentation: Competitors are expected to demonstrate professional behavior and attire. Throughout the competition, the competitor must wear a black professional scrub uniform of their choice with black closed-toed shoes and black socks.
- Technical Skill: Precision and expertise in performing tasks.
- Organization: Effective time and resource management.
- Communication: Clear and courteous interaction with models and judges.
- Sanitation & Safety: Adherence to health and safety standards throughout the competition.

Competition Details

Manicure

- Time Allotted: 90 minutes
- Tasks:
 - Dry gel polish spa manicure including shaping, cuticle work, and exfoliation.
 - Seasonal hand-painted nail art on one finger.
 - Application of a red gel polish base on nine nails.

- Judging Criteria: Nail shaping, creativity, polish finish, sanitation.

Facial

- Time Allotted: 90 minutes
- Tasks:
 - Advanced facial including cleansing, exfoliation, and mask application.
 - Lymphatic drainage massage and cold globes
 - Use of tools for product infusion and soothing.
- Judging Criteria: Facial techniques, tool use, sanitation, and client comfort.

Creative Makeup

- Time Allotted: 90 minutes
- Tasks:
 - Design and execute a makeup look inspired by two seasons (50/50 split).
- Judging Criteria: Creativity, blending, technical skill, and overall impact.

Body Therapy

- Time Allotted: 90 minutes
- Tasks:
 - Leg and foot exfoliation, mud mask application, and wrapping.
 - Pressure-point head massage during wrap.
 - Mini dry pedicure with French polish application.
- Judging Criteria: Precision, wrapping technique, sanitation, polish application.

Tasks and Checkpoints:

You will be given a specified time for each task. Judging is done throughout each task, so you will need to be aware of these CHECK POINTS indicated in your instructions. It is the competitors' responsibility to ensure that judges check the models prior to commencing any treatment.

All tests must be finished within the given time. Other than judging time, no extra time will be granted.

Schedule

Time	Activity
8:00 AM	Orientation and setup
8:30 AM – 10:00 AM	Round 1: Manicure / Facial
10:30 AM – 10:45 AM	Switch
10:45 AM – 12:15 PM	Round 2: Facial / Manicure
12:15 PM – 1:00 PM	Lunch
1:00 PM – 2:30 PM	Round 3: Creative Makeup / Body Therapy
2:30 PM – 2:45 PM	Switch
2:45 PM – 4:00 PM	Round 4: Body Therapy / Creative Makeup

Towel Guide

Segment	Large Towels	Medium Towels	4x4 Gauze
Manicure	0	4	0
Facial	0	6	6
Creative Makeup	0	2	4
Body Therapy	2	6	4

Personal Protective Equipment (PPE)

Segment	Mandatory	Optional
Manicure		Gloves, Protective facial mask
Facial	Gloves (during scalp massage)	Facial mask
Creative Makeup		Facial mask
Body Therapy		Gloves and facial mask

Marks Awarded

Segment	Time Allotted	Maximum Marks
Manicure	90 min	20
Facial	90 min	30
Creative Makeup	90 min	20
Body Therapy	90 min	30
Total	6 hours	100

Assessment and Tie Breaker

TASKS	/100	
Advanced Facial	30	<p>Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.</p> <p>Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.</p> <p>Tiebreaker #3: If a tie remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.</p>
Body Therapy Treatment	30	
Manicure	20	
Creative Makeup	20	

Facial

Time Allotted: 90 minutes

Time	Task	Skill Checklist
20 minutes	Pre-service setup and consultation	<ul style="list-style-type: none"> • Prepare the area and tools for the facial. • Review intake forms • perform a verbal consultation • record findings • ensure comfort.
Judging Checkpoint		
20 minutes	Cleansing and exfoliation	<ul style="list-style-type: none"> • Eye & lip cleanse. <i>Removing all traces of makeup</i> • Perform first • Skin Analysis – record findings • Exfoliation & removal. <i>Skin is exfoliated. Area to include the face, neck & décolleté. Exfoliant removed leaving no residue on the model, bed or linens.</i>
Judging Checkpoint		
20 minutes	Massage and mask application	<ul style="list-style-type: none"> • Perform lymphatic drainage (10 min). <i>The lymphatic drainage massage will be performed on the face, neck and décolleté.</i> • Use cold globes for soothing (5 min). <i>Globes are pre-prepared on ice. Working on the face, neck and eye area, use light, upwards movements and finish by moving downwards on the neck.</i> • Apply Mask (5 min). <i>Demonstrate an even application of the mask to the face and neck only, avoiding the hair line. Take care to cover the hair.</i>
Judging Checkpoint		
10 minutes	Mask Removal	<ul style="list-style-type: none"> • Remove the mask. <i>Leaving no residue on the model's face, and hair.</i>
Judging Checkpoint		
10 minutes		<ul style="list-style-type: none"> • Apply finishing products. • Provide aftercare advice. <i>Provide verbal after care advice to the model.</i> • Model Exit. <i>Assist model to the change room and waiting area to exit.</i>
10 minutes	Post-service cleanup	Sanitize tools and prepare the area for the next competitor.
Judging Checkpoint		

Manicure

Time Allotted: 90 minutes

Time	Task	Skill Checklist
15 minutes	Pre-service setup and consultation	<ul style="list-style-type: none"> • Prepare treatment area and tools for the service. • Sanitize hands and consult with the model. <i>Consultation form is filled out with the model. Competitor verbally explained the service that is going to be performed.</i>
Judging Checkpoint		
20 minutes	Nail preparation and gel polish base	<ul style="list-style-type: none"> • Shape nails • Perform cuticle work • Buff & clean the nail bed
Judging Checkpoint		
25 minutes	Nail art and polish application	<ul style="list-style-type: none"> • Apply red gel polish to nine nails. • Freehand nail art. <i>Create a unique free hand design for one finger. Choose one season - spring, summer, autumn, winter.</i>
Judging Checkpoint		
10 minutes	Exfoliation	<ul style="list-style-type: none"> • Exfoliation & removal on the hand and arm. <i>Exfoliation scrub is applied and removed to both hands/arms leaving no residue.</i>
Judging Checkpoint		
15 minutes	Massage	<ul style="list-style-type: none"> • hand/arm massage. <i>Perform a 12-step hand and arm massage following the steps demonstrated in the document on the SCBC website</i>
5 minutes	Post-service cleanup	<ul style="list-style-type: none"> • Assist model to exit • Treatment area is cleaned up according to health & safety
Judging Checkpoint		

Body Therapy

Time Allotted: 90 minutes

Time	Task	Skill Checklist
15 minutes	Pre-service setup and consultation	<ul style="list-style-type: none"> Prepare the area and tools for the body treatment. Consult with the model to confirm no contraindications.
Judging Checkpoint		
25 minutes	<p>Exfoliation and mask application</p> <p>**Foot/leg includes toes, top/bottom of foot, entire front/back of leg up to and including the knee**</p>	<ul style="list-style-type: none"> Exfoliate & removal (legs and feet). <i>Competitor will apply/remove exfoliant leaving no residue on the skin or treatment area. Removal is done using hot towels only. No gauze allowed.</i> Apply a mud mask, and wrap. <i>Competitors will apply a mud mask with a brush. Mud application should be smooth and even ensure that the sheets and treatment area remain unstained. After applying the mask, wrap the foot/leg in plastic and mylar sheet to retain the heat.</i> Perform a pressure-point head massage during wrap. <i>While the mud mask is on, competitors will perform a 10-minute pressure point head massage (following instructions from SCBC website)</i>
Judging Checkpoint		
20 minutes	Mask removal and lotion application	Remove the mask ensuring no residue and apply lotion for hydration.
Judging Checkpoint		
25 minutes	<p>Mini dry pedicure</p> <p>**The polish application should be consistent and even, with no bleeding or staining of the skin and no flooding of the cuticle or side walls. Corrections are permitted**</p>	<ul style="list-style-type: none"> Trim, file, and prepare toenails. Apply French polish with precision. <i>Application to include a base coat, French line that compliments the shape of the toenails, a blush overlay and topcoat.</i>
Judging Checkpoint		
5 minutes	Post-service cleanup	Assist the model, sanitize tools, and reset the treatment area.
Judging Checkpoint		

Creative Makeup

Time Allotted: 90 minutes

Time	Task	Skill Checklist
15 minutes	Pre-service setup and consultation	<ul style="list-style-type: none"> • Prepare tools, products, and the model for the makeup application. <i>All design element make-up, brushes, palette, disposable wands, sharpener & headband to be set up observing sanitation and hygiene practices. Model will be draped pre-service. Model's skin will be cleansed and primed pre-service.</i> • Discuss chosen seasonal fusion design and the process with the client. • Verbal consultation discussing any allergies
Judging Checkpoint		
30 minutes	First seasonal design	<ul style="list-style-type: none"> • Apply makeup to 50% of the face and décolleté representing the first season. <i>Create your entire design for your first selected season on 50% of the face and décolleté area (2 inches below the collar bone). Competitors will demonstrate proper blending, creativity, complexity and precision within their design. All steps should be in accordance with health, safety and professionalism.</i>
Judging Checkpoint		
40 minutes	Second seasonal design and final touches	<ul style="list-style-type: none"> • Complete the second 50% of the face and décolleté with the second season design. Blend designs seamlessly. <i>Create your entire design for your second selected season on 50% of the face and décolleté area (2 inches below the collar bone). Competitors will demonstrate proper blending, creativity, complexity and precision within their design. All steps should be in accordance with health, safety and professionalism.</i> • Ensure seamless blending at the center between the 2 makeup seasons. • Strip lashes are applied with precision.
Judging Checkpoint		
5 minutes	Post-service cleanup	Sanitize tools, assist the model with exiting, and tidy the workspace.
Judging Checkpoint		

EQUIPMENT, MATERIALS, CLOTHING

Equipment and Materials Provided by Skills/Compétences Canada

Equipment & Materials for Advanced Facial	Equipment & Materials for Manicure	Equipment & Materials for Body Therapy Treatment	Equipment & Materials for Makeup Treatment
- Facial products (Sponsor TBD)	All gel polishes (base coat, colours, top coat)	Detoxifying mud mask	Makeup stools
	- LED gel polish lamp	- Exfoliation	Station (table)
- Cooler boxes with ice	- Nail Files 180/100 & 180/240	- Body lotion	Cleanser and Primer
- Facial globes	- Buffers	- Mylar sheet	
- Facial wrap/sarong	- Exfoliation & Massage Products	- Plastic sheet	
- Bath robe	- Orange wood sticks	- Nail File 180/100 & 180/240	
- Slippers	- Nail Polish Remover/ Acetone	- Buffer	
- White headbands	- Nail dehydrator		
- Stainless steel bowls	- Cuticle Oil Cuticle solvent- Scrub Brush Lint free nail wipes	- -Foot bath cleanser- Slippers	

General Equipment/Materials & Clothing:

Hot towel cabbies, Chairs with backs, Lay down beds, Trolleys, Magnifying lamps, Step stools, Manicure tables, Small garbage cans, Cleaning and disinfecting products, Kleenex, Hand soap, Clipboards, Pens/Pencils, 4x4 gauze, 2x2 gauze, Non-latex gloves, Q-tips, Cotton rounds, Gibson towels, Baskets for models' clothing, Large scissors, Consultation forms for all services, Bathrobe, Slippers, Stainless steel bowls (one for water & one for wet towels), Fitted sheets, Flat sheets, Blankets.

Equipment and Materials Provided by the Competitor

Category	Equipment/Materials
General	<ul style="list-style-type: none"> • Tray to carry dispensed products from back bar to work area • Facial protective masks • Hand Sanitizer • Disinfecting agents for surfaces • Reusable dispensing cups for all treatments • Dispensing spatulas • Copy of ALL papers including Contest Description
Advanced Facial	<ul style="list-style-type: none"> • Facial mask brush
Manicure	<ul style="list-style-type: none"> • All nail implements to complete manicure (no electric tools) • All nail art supplies & tools • All regular polishes (base coat, blush pink, white, top coat)
Body Therapy Treatment	<ul style="list-style-type: none"> • Implements for pedicure • Mud application brush
Creative Makeup	<ul style="list-style-type: none"> • All design element make-up • Brushes, palette, disposable wands, sharpener & headband • Strip lashes • Tweezers

Toolbox Guidelines

- Maximum size: Carry-on suitcase.
- Items outside the toolbox will not be permitted.

Required Clothing Provided by Competitor

- Black uniform (no leggings), non-slip professional shoes.
- Black socks, no jewelry, tidy hair tied back.
- Short, manicured, non-polished nails.

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