

Skills Canada BC Public Speaking Competition

Regional Scope Document 2025

NW Lower Mainland

Locally developed with thanks to South Vancouver Island Region

Check in time: 8:30am - 1/2 hr prior to start. Contest Length: 3-4 hrs.

The Competition will take place on THURSDAY MARCH 6 in the Library at Elphinstone Secondary School, 840 Gibsons Way. Gibsons BC. 604.886.2204.

1. INTRODUCTION

1.1 Purpose of the Challenge

The Conference Board of Canada has identified the skills needed to enter and progress in the world of work—whether it is self-employment or working as a part of a team. One such skill area is effective oral and written communication including the ability to do the following:

- write and speak so others pay attention and understand, listen and respond to questions, share information.
- use technological knowledge and skills to explain or clarify ideas

The public speaking competition is designed to encourage and enhance the development of these skills in making career choices. The challenge provides the opportunity for competitors to prepare and present a speech, conduct research and to construct answers to related questions in a clear and concise manner.

1.2 Duration of contest: 3 - 4 hours

1.3 Skills and Knowledge to be tested

- Present thoughts in a clear, coherent, and well constructed format on the assigned topic.
- Capture and hold the attention of the audience within the 5-to-7-minute timeframe. •Deliver a clear message (main idea, argument, opinion, or position).
- Speak easily, with confidence.
- Use non-verbal skills (body language and gestures) to assist in expression.
- Be expressive by varying voice in pitch, tone, tempo, and volume.
- Think quickly and answer unseen questions clearly, with conviction within the one minute and thirty second time limit per question.
- Reflect upon research, make observations, and share experiences through prompted response

2. CONTEST DESCRIPTION

2.1 Competitors will speak twice (2 times) during the competition: (1) a prepared; and (2) an impromptu speech. The order of speakers will be determined by the Regional Committee. Following each of the two speeches students will receive feedback from the judges.

2.2 For the PREPARED SPEECH, each competitor will speak on the following prompt

There are ever increasing advancements being made in technology.

With this in mind, your topic is

How might the skilled trades and technologies navigate this change?

2.3 Competitors will also speak on an IMPROMPTU TOPIC that will be revealed before the designated time on the day of the Competition.

2.4 Competitors will email their Prepared Speeches in a WORD document at least seven (7) days before the Competition (by midnight on February 27) to the our Toastmasters Chair, email address jorzepa@hotmail.com. Competitors will bring two hard copies of their Prepared Speech on the day of the competition.

2.5 Length of speeches.

The Prepared Speech shall be five (5) minutes in length and shall not exceed seven (7) minutes. The Impromptu Speech shall be two (2) minutes and shall not exceed two (2) minutes thirty (30) seconds. Points will be deducted if the speech is under or over the allotted time.

2.6 There will be no warning to indicate time elapsed. Competitors should develop the skill to monitor the length of their presentation.

2.7 Length of responses to Question

At the end of the impromptu speech, competitors will be asked one question. Competitors will have exactly one minute and thirty seconds to respond to the question. Two (2) points will be deducted from the final score if the answer to the question exceeds one minute and thirty seconds.

2.8 Competitors should present their speeches in a formal public setting, if possible, in the regional setting in use.

3. EQUIPMENT, MATERIAL CLOTHING

3.1 Equipment and material provided by the Regional Technical Committee:

Lectern (optional for the use by the competitor). Speeches could be video-taped.

3.2 Equipment and Materials provided by the competitor:

Optional: use of cue cards/notes.

No electronic equipment or other props permitted.

3.3 Required Clothing (Provided by competitor):

Clothing should be appropriate for a formal presentation.

1 point will be deducted from each judge's final score of 100 points for violation of this rule.

4. ADDITIONAL INFORMATION

4.1 Ties

Tiebreaker #1: The competitor with highest score in the delivery of the Prepared Speech will be the declared winner.

Tiebreaker #2: The competitor with the higher score in the Content section of the Prepared Speech will be declared the winner.

Tiebreaker #3: The competitor with the highest score in the Impromptu Speech will be declared the winner.

4.3 Winner(s) at Region go to Provincial

The medal winner(s) from the Regional Competition will be offered the chance to compete at the Skills Canada BC Provincial Competition.

4.4 Regional Committee

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ASSESSMENT – NW Lower Mainland Region - 2025

6.1 Point Breakdown

Impromptu Speech	TOTAL VALUE /20
CONTENT	/4
Response addresses the prompt	/2
Chooses ideas that demonstrate understanding of the topic	/2
Develops ideas adequately	/2
Organization	/8
Uses effective introduction	/2
Focuses and presents ideas in a logical order	/2
Links ideas coherently	/2
Concludes effectively	/2
DELIVERY	/8
Effectiveness: uses convincing, coherent language	/2
Voice: expression, tempo, volume, phrasing	/2
Eye contact: engages with audience	/2
Non-verbal: gestures, mannerisms, body language	/2
Prepared Speech	Total Value /75
CONTENT / ORGANIZATION - the judge(s) will assess this subcategory, based on written submission, prior to the prepared speech presentations	/20
Response develops the content contained in the first section of the prompt	/2
Response develops the content contained in the second section of the prompt	/3
Introduction is coherent and shaped	/2
Introduction contains the assigned topic	/2
Arrangement of supporting ideas contributes to a competent discussion	/2
Supporting ideas are focused on assigned topic	/3
Transitions link ideas coherently	/2
Conclusion is relevant	/2
Conclusion is connected to the assigned topic	/2

DELIVERY	/50
Introduction gains audience attention	/2
Introduction previews main ideas	/1
Supporting ideas are connected to assigned topic	/2
Supporting ideas develop assigned topic	/1
Supporting ideas are precise	/1
Conclusion is appropriate and skillful	/2
Presents ideas in a logical order	/2
Captures interest at the beginning of the speech	/2
Holds interest through to the end of the speech	/2
Convincing	/2
Commands audience attention (confirm the order)	/2

Effective word choice	/2
Volume is sufficient	/2
Volume used for effect	/1
Appropriate tempo (pacing)	/2
Effective phrasing	/2
Expressive	/2
Varies tone and pitch	/2
Displays self-confidence	/2
Composed	/2
Correct use of conventions: diction, grammar, pronunciation	/2
Eye contact: engages with entire audience	/2
Eye contact is effective	/2
Fluency: fluidity, smoothness	/2
Polished	/2
Gestures	/2
Mannerisms, body language	/2
QUESTION RESPONSE	/5
Addresses the question	/1
Demonstrates knowledge of topic	/1
Develops ideas adequately	/1

Organizes ideas logically	/1
• Demonstrates clarity and conviction	/1
CONVENTIONS	TOTAL VALUE
REGULATIONS	/10
Impromptu speech delivered within required time specifications (as per 3.3)	/2
Prepared speech delivered within time specifications (as per 3.3)	/2
Prepared speech question response delivered within time specifications (as per 3.3)	/2
Speech submitted on time	/2
Speech submitted in specified format	/2

Total Points /105