

Ingredients List 2025

Please order the following: fresh produce, fresh fruit, fresh herbs and frozen purees using this order form and email it to ktada@vcc.ca and cc: jquan@vcc.ca by March 17, 2025.

Name:

Category:

| Chocolate Products | Order Quantity in Grams |
|---------------------------------|--------------------------------|
| Cocoa Butter | |
| Cocoa Powder | |
| Compound White Chocolate | |
| Compound Dark Chocolate | |
| Couverture Dark Chocolate 54.5% | |
| Couverture Milk Chocolate C823 | |
| Couverture Ruby Chocolate | |
| Couverture White Chocolate W2 | |
| Cocoa Nibs | |

| Gelatin Products | Order Quantity in Grams |
|-------------------------|--------------------------------|
| Gelatin Powder | |
| Sheets 200 Bloom | |
| Pectin NH | |
| Mirror Glaze | |

| Leavening Agents | Order Quantity in Grams |
|-------------------------------|--------------------------------|
| Baking Powder (Double Acting) | |
| Baking Soda | |
| Instant Yeast (Osmotolerant) | |

| Dairy | Order Quantity in Grams |
|--------------------|--------------------------------|
| Milk Powder | |
| Whipping Cream 35% | |
| Whole Milk 3.25% | |
| Sour Cream | |
| Cream Cheese | |

| Liqueurs | Order Quantity in Grams |
|-----------------|--------------------------------|
| Triple Sec | |
| Bourbon | |
| Bailey's | |
| Rum Dark | |

| Dried Fruit | Order Quantity in Grams |
|--------------------|--------------------------------|
| Dried Cherries | |
| Dried Blueberries | |
| Dried Cranberries | |
| | |

| Nut Products | Order Quantity in Grams |
|-----------------------------|--------------------------------|
| Almonds Ground, Blanched | |
| Almonds Natural Thin Sliced | |
| Hazelnuts Ground | |
| Hazelnuts Whole | |
| Hazelnut Paste | |
| Pistachios Whole | |
| Pistachio Paste | |

| Fresh Eggs | Order Quantity in Grams |
|-------------------|--------------------------------|
| Eggs Large | |

| Seeds and Seed Butter | Order Quantity in Grams |
|------------------------------|--------------------------------|
| Sunflower Seeds | |

| Fats | Order Quantity in Grams |
|----------------------|--------------------------------|
| Butter Unsalted | |
| Vegetable Oil | |
| Vegetable Shortening | |
| Coconut Oil | |

| Spices | Order Quantity in Grams |
|-------------------|--------------------------------|
| Nutmeg | |
| Allspice | |
| Pumpkin Pie Spice | |
| Cinnamon Ground | |
| Salt | |
| Sea Salt | |

| Flavorings | Order Quantity in Grams |
|-------------------|--------------------------------|
| Fresh Ginger | |

| | |
|----------------------------|--|
| Vanilla Extract | |
| Bourbon Vanilla Bean Paste | |
| Instant Coffee | |
| Chamomile Tea | |
| Lemon Oil | |

| Flour | Order Quantity in Grams |
|-------------------|-------------------------|
| All Purpose Flour | |
| Bread Flour | |
| Cake Flour | |
| Pastry Flour | |

| Fresh Fruit | Order Quantity in Grams |
|--------------|-------------------------|
| Kiwi | |
| Pineapple | |
| Mango | |
| Blackberry | |
| Lemons | |
| Strawberries | |
| Oranges | |
| Raspberries | |

| Fresh Herbs | Order Quantity in Grams |
|--------------------------|-------------------------|
| Rosemary | |
| Thyme | |
| Frozen Fruit Puree | Order Quantity in Grams |
| Raspberry | |
| Passionfruit | |
| White Peach | |
| Strawberry | |
| | |
| Frozen Fruit | |
| Frozen Rhubarb | |
| Frozen Saskatoon Berries | |

Not required to Order

Silicon paper – 40 X 60 cm (16"x 24")

Cling Film

Aluminum foil
Cardboard underlines for cakes – 25 1/2 cm (10") – 15.24 cm (6")

| Starch | Order Quantity in Grams |
|------------|-------------------------|
| Cornstarch | |

| Sugar Paste | Order Quantity in Grams |
|----------------|-------------------------|
| Rolled Fondant | |

| Sweetening Agents | Order Quantity in Grams |
|-------------------|-------------------------|
| Glucose | |
| Honey | |
| Isomalt | |
| Light Corn Syrup | |
| Condensed Milk | |
| Maple Syrup | |
| Soft Fondant | |
| Sugar, Granulated | |
| Sugar, Icing | |
| Sugar, Brown | |

| Fresh Produce | Order Quantity in Grams |
|---------------|-------------------------|
| Carrots | |
| Beets | |
| Parsnip | |
| Misc. | Order Quantity in Grams |
| Feullitine | |
| Ice Cubes | |
| Rolled Oats | |
| Apricot Glaze | |

| Permitted Additional Ingredients Not Supplied by | |
|---|--|
| Skills/Compétences Canada | |
| These Ingredients do not count in your two extra ingredients. | |
| Food Colors | |
| Cocoa Butter Colors | |
| Agar | |
| Tartaric Acid | |
| Citric Acid | |
| Vanilla Beans | |
| Luster Dust/Metallic Powders | |
| Modified Starch | |
| Maltodextrin | |

Paper Towels
Sanitizing solution in spray
bottles

Dish Soap

Pan Spray

| | |
|--------------|--|
| Soy Lecithin | |
| Ultra Spense | |
| Fish Gelatin | |
| Yuzu Juice | |

Additional Important Notes:

Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients. The two additional ingredients cannot be premade or fabricated ingredients or products.

Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site.

NO GOLD LEAF, NO SILVER LEAF

Minors: If competitors are wanting to use the listed Liquor/Alcohol within their recipe, competitors must consult with a National Technical Committee (NTC) member for assistance. Secondary competitors/minors are not to handle any alcohol.

A NTC member will dispense the desired amount within the recipe for the competitor.

**ALL INGREDIENTS ARE SUBJECT
TO AVAILABILITY**